

Find sexual and reproductive health services and support



at your fingertips



in your neighbourhood



delivered to your door

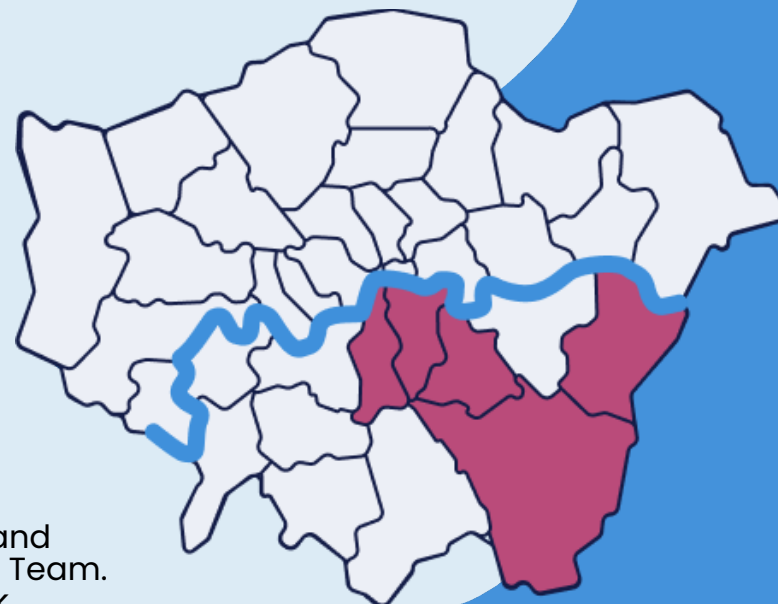
Lambeth, Southwark, Lewisham and Bexley and Bromley (LSLBB) continue to face some of the greatest sexual health challenges in England. Reducing sexual and reproductive health inequalities is our priority.

That's why we work in partnership to deliver these services, because we are stronger together.

Your Sexual Health:

**Stay Connected.
Stay Local.**

Find out about local sexual health service in south east London



This leaflet has been designed and produced by Lambeth Public Health Team.
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Why your sexual health matters

- Sexual health is a vital part of your overall wellbeing. It affects your physical, emotional, and mental health, relationships, and life choices.
- With rising rates of sexually transmitted infections (STIs) staying informed and protected is essential.
- Local services – online and in person – will keep you informed, protected, and empowered.

Why use local services?

- Services are commissioned by your local authority and are designed around the needs of your borough's population.
- Services are diverse, discreet and free.
- Walk-in clinics, online ordering, and pharmacy access.
- Services are community focussed with outreach for young people, asylum seekers, sex workers, foodbank users, and more.
- From contraception to HIV prevention, services are coordinated across boroughs.

What's available?

- Free contraception (routine and emergency)
- STI testing and treatment
- HIV prevention and support
- Sexual health education & workshops
- Drop-in clinics and online consultations

If you live, work or study in Lambeth, Southwark, Lewisham, Bexley and Bromley, **Find Sexual Health** services near you by visiting www.findsexualhealth.org.uk or www.nhs.uk/service-search.



Sexual Health London

A free, discreet service for Londoners, our STI testing service is for people who have mild or no STI symptoms and want to have themselves tested. You can also request free regular and emergency contraception – all delivered to your home address. Once you have completed your order, a self-sampling kit will arrive in the mail within a few days. Order your test kit at www.SHL.uk.

Do It London

The London HIV Prevention Programme (LHPP) is our flagship HIV public health initiative supporting efforts to reduce new HIV diagnoses in the capital. LHPP promotes early HIV testing and prevention choices through its “Do It London” campaigns, which involves face-to-face outreach and engagement with Londoners and well as social media and outdoor advertising. Visit www.doitlondon.org

Pharmacy services

Did you know you can get condoms and “the pill” from your local Pharmacy? They also offer advice and referrals for long-acting reversible contraception (LARC).

Lambeth LARC Hub

LARC methods are not only highly effective in preventing pregnancy but they are also reversible and don't interrupt sex. If you live in Lambeth and or are registered with a Lambeth GP you can get a contraceptive coil or implant fitted or removed at the LARC hub in Brixton. www.msichoice.org.uk/find-us

HIV care and support

The Bridges service provides support for Lambeth, Southwark and Lewisham residents living with HIV to make the most of living well and tackling challenges together. www.bridgeslondon.org.uk

cliniQ at Kings

A service for trans, gender diverse and non-binary people, that provides counselling, mental health support, HIV testing, Pre-exposure Prophylaxis (PrEP) advice, cervical smears and hormone injections. visit www.cliniq.org.uk

Under 25s condom scheme

Young people can get free condoms in London at a variety of locations, called Outlets. Once registered, you can collect condoms or get advice from any Outlet displaying the Come Correct logo. www.comecorrect.org.uk